

ALTERNATIVE MEDICINE

The Cigna HealthCare program for Maricopa County



The Cigna HealthCare program for Maricopa County employees and dependents participating in the Cigna HealthCare benefit plan includes a special benefit for alternative medicine services. This in-network benefit offers up to twenty (20) visits (without a referral) per plan year to a Cigna HealthCare designated alternative medicine network. The following information describes the covered alternative medicine services benefit and how to access these services.

Covered Services

- Physical Medicine
- Acupuncture/
Acupressure
- Massage Therapy
- Homeopathic
Consultation
- Biofeedback/Guided
Imagery
- Herbal/Homeopathic
or Natural Products as
dispensed in conjunction
with an office visit at a
Designated Alternative
Medicine Center not
to exceed \$60 retail
value for all products
combined per plan year.

Not all services will be available
at all locations

What is Alternative Medicine?

Alternative Medicine encompasses a broad spectrum of services not generally performed or practiced within conventional medicine. The alternative medicine services benefit under your Cigna HealthCare benefit plan includes coverage for certain, but not all, types of alternative medicine treatment and services.

Covered Services

Covered Alternative Medicine Services include only those services described in the Cigna HealthCare benefit plan as generally summarized to the right, which are provided in-network by a Designated Alternative Medicine Center. Coverage is limited to twenty (20) self-referral visits per contract year for all plans. Your Primary Care Physician (PCP) copay is required at each of the twenty (20) self-referral visits. Under the Cigna HSA plan, you will have to meet your deductible and then services will be paid at the coinsurance level.

Where are Services Provided?

Alternative Medicine Services are covered under your plan when provided or performed at Designated Alternative Medicine Centers (facilities with doctors and practitioners with which Cigna HealthCare has contracted to have Alternative Medicine Services provided). Alternative Medicine Services provided to a participant by a facility, doctor, or practitioner that is not a Cigna HealthCare Designated Alternative Medicine Center will not be covered or reimbursed.

Please see your Cigna Healthcare benefit plan for specific detail on covered expenses and exclusions.

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How to schedule an appointment

To schedule an appointment, contact a health care professional listed below.

Cigna Medical Group North Valley Medical Office

710 W. Bell Rd.
Phoenix, AZ
602.588.3800

- Brad Lawrence, MD

Cigna Medical Group Scottsdale Norte Medical Office

10900 N. Scottsdale Rd., Suite 606
Scottsdale, AZ
480.368.2500

- Deborah Baldemor, MD

Longevity Health Center (Naturopathic Family Care)

13832 N. 32nd Street
Phoenix, AZ 85032
602.493.2273

- Michelle Retz, ND

Independent Providers

Abraham Kuruvilla, MD, ND
5825 E. Calle Guadalupe
Guadalupe, AZ 85283
480.344.6000

Jean-Luc Le-Provost, NMD
301 W. Roosevelt, Ste 2
Phoenix, AZ 85003
602.908.5422

Southwest Naturopathic Medical Center

2164 E. Broadway Road
Tempe, AZ 85282
480.970.0000

- Leslie Axelrod, ND, LAC
- Matthew I. Baral, ND
- Nicholas Buratovich, ND
- Walter Crinnion, ND
- John M. Dye, ND
- Danya Epstein, ND
- Patricia Gaines, ND
- MaryKay Geyer, ND
- Anesia Graves, ND
- Natalie Ham, ND
- Sara A. Hazel, ND
- Jan Highfield, NMD
- Heath McAllister, ND
- Stephen Messer, ND, DHANP
- Jessica K. Mitchell, ND
- Paul Mittman, ND, DHANP
- Mona Morstein, ND
- Jaimie Oskin ND
- Jason A. Porter, ND
- Michelle Retz, ND
- Elizabeth Rice, ND
- Kiera Smialic, ND
- Christine Sorensen, ND
- Katrina Stage, ND
- Leila Turner, ND
- Naz Vassighi, ND
- Kimberly Volk, ND



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